Writing Topic Sentences

Worksheet 4

Which topic sentence is best for each writing sample? Circle the one that would best fit each selection.

1. Physical activity can be beneficial for people of all ages.

   Running is great.

   Exercise can be good for people who are very young and for those who are well aged. In fact exercise in any form can create better health for all ages. For children this means going outdoors and getting lots of sunshine while running around and playing. For adults this could mean a walk in the park or a hike in the mountains. For those who are older perhaps walking in a mall or taking a low level exercise class would be best. Exercise can help control weight and keep the body in top shape.

2. Sports are great.

   Playing sports is a great way to stay active and enjoy the company of others.

   Sports are one way in which people of all ages can stay active. Sports promote working together and teach skills that are often not learned in any other way. Playing on a sports team or in a league means you must work well with others as a group. Sports are also a great form of exercise that can be a great deal of fun for those involved.

3. Planting a garden requires lots of preparation and work.

   Gardening is tough.

   First you must prepare the ground for the seeds or plants that you are using. Next you must choose plants that will grow well in your area. Then you must hoe rows that are deep enough to cover the seeds or plants. You can then space your plants enough so they have room to grow. After you cover the seeds, you should make sure they are well watered. Then you must check them often to make sure they are growing. If your plants grow well you will soon start to see a beautiful garden.
Answer Sheet

1. Physical activity can be beneficial for people of all ages.

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